



Sequoia LOVES Our Teachers!

Please let us know about all your favorites.

Name: **Karen Wiebel**

Birthday: December 27

Lunch/Food What would you order for lunch if you could?

Salad and Go - BBQ Chicken Salad

Chick Fil-A – Grilled nuggets and a side of mac and cheese

Panera - Any salad or sandwich

Snacks: Chomps sticks (any flavor), Boom Chicka Pop (any flavor)

Drinks/Starbucks order (please be specific!):

Starbucks - latte with soy milk (no flavor) – either iced/hot, depending on the season

Unsweetened black iced tea

Coke Zero is my guilty pleasure

Candy: n/a

Restaurants: Snooze, Flower Child, Chipotle, Cafe Rio

Store(s): Amazon, Target

Color(s): any bright colors (not a big fan of pastels). I especially love red!

Flower(s): I love them all! Sunflowers and daffodils are some of my favorites, though.

Favorite Sports Team(s): Iowa State Cyclones (football!!!), AZ Cardinals

What do you enjoy doing during your free time? Activities or Hobbies?

Anything to do with music. I dabble in guitar and I love to sing. I love live theater and live music. I also love board games, jigsaw puzzles, and Sudoku.

Is there anything else you'd like to share about yourself? I have a bit of a sensitive nose and most scents give me headaches, so I'm not much of a candle person.

THANK YOU FOR ALL YOU DO!